

Moulton Matters

September 2023



Village News and Events

CONTENTS

Page 3	Dear Reader– Colin	Jill Goodwin
Page 4,5	Parish Council Report	Joanne Kirk
Page 8 &9	St Peter’s Church Events	Fran Saltmarsh
Page 11	Macmillan Coffee & Cake	Jill Goodwin
Page 13	Moulton in Bloom	Jill Goodwin
Page 14 & 15	Rev Childs	Rev Chris Childs
Page 16	Ashtree Vets	Poppy, Ashtree vets
Page 18 & 19	Shop News	Harriet Mills
Page 20 & 21	Viv’s calendar	Viv Houghton
Page 23	Whats new at the Village Hall	Jill Goodwin
Page 24	Moulton Wildlife Group	Jeff & Anne Collins
Page 26 & 27	Church News	Anne Garmston
Page 27	Did you know	Jill Goodwin
Page 28	Moulton Primary Proms	Amy
Page 29	Choir	Marian Brown
Page 30— 33	Walkers News	Ron Wallwork
Page 34	Dates for your Diary	Jill Goodwin
Page 35	RSBP	
Page 36	Parish Council	
Page 37	Telephone Directory	
Page 38	Moulton Village Hall	



If you have an advertisement or an article you would like to submit for this newsletter, we publish them quarterly. Please ensure that articles reach us by the **15th November 2023** for distribution on or about the **1st December 2023**. For advertising rates please check page 9.

Jill Goodwin 07966133551 jerryjill99@hotmail.com

<http://moulton.onesuffolk.net> Jill Goodwin 551851

Panto? Will there or wont there be one? Negotiations on going! Wait and see!

Dear Reader – Update on Colin!

Colin was moved to Stoke Mandeville Spinal Rehabilitation Hospital shortly after our last publication in June.

It took him a few weeks to settle in to a different environment and regime but once he felt comfortable being there it has been a very busy time for him. There is lots more physio and occupational therapy and most days Colin is exhausted from the effort required but he pushes on!

Improvements are being made, slowly but surely. There is unfortunately not much improvement in Colin's left side (both leg and hand) but his right leg and fingers of his right hand are becoming more flexible. He has even been on the computer using a mouse!

Colin now spends longer sitting up in a wheelchair and had been taken down to the garden and café by visitors. Jerry and I visited recently and did just that. We found the garden café a delightful place—it was like being in a coffee shop having a catch up! He is awaiting a new electric wheel chair which I am sure will have him whizzing around the wards and corridors., however they have just given Colin a light weight self propel wheelchair and on the first day he was able to propel himself up and down the ward on his own! Absolutely brilliant Colin!

Visitors are welcome but have to fit in with Colins regime—they can watch him at work in the physio room etc. Shirley recently took some photos of Colin in a standing machine, he was in a harness for support which is electronically controlled by the physio—it made him very dizzy at first having spent 5 months laid up in bed but he is getting there!

It is a very long and difficult journey to get to the unit which is near Aylesbury so Shirley goes off early one day , stays over night in a nearby hotel and spends the second day with Colin until after tea and then returns home. Other visitors fit around her.

Last week it was Colins birthday and Shirley was able to take Colin down to the café and meet up with his 6 year old grandson and family members and they could even have candles on the birthday cake (candles are not permitted in the wards!).

The very latest news is that Colin is doing so well he has been moved down stairs in the unit to a another ward where there is more equipment and flexibility as well as access to the hydro pool—great progress!

Keep up the excellent work Colin—we are all rooting for you..

We send them our love and urge Shirley to keep going and stay strong—our thoughts remain with you both. Jill Goodwin

Moulton Parish Council report

A meeting of Moulton Parish Council took place on Monday 17th July 2023. County Councillor Andy Drummond and District Councillor Roger Dicker attended along with six members of the public.

Public session.

The main issues raised during the public session were:

The possible use of the playing field by Moulton Vets.

The response from Suffolk Police and Suffolk County Council to complaints about the decision not to allow a 40mph speed limit on the section leading into Moulton on Newmarket Road.

Loss of road markings in Brookside which have not been replaced.

Report by County Councillor Andy Drummond.

Andy Drummond spoke about the following:

The change in the make-up of West Suffolk Council since the May elections.

He supported the speed reduction in Newmarket Road but it was rejected and there was no right of appeal, which he was not happy about.

He agreed to ask Highways to reinstall the missing signs at the Boy's Grave junction and ask about the white markings at the junction of Brookside and Gazeley Road.

District Council report.

Cllr Roger Dicker spoke about the following:

He has been appointed as Chair of West Suffolk Council.

He explained the make-up of West Suffolk Council following the elections. The hope is there will be a better deal for communities in the former Forest Heath area.

Community Chest Fund applications are now open.

West Suffolk Local Plan.

The Local Plan is currently being reviewed. The final consultation will now be in January 2024. The plan will come into effect in 2025.

Update on road safety improvements in Moulton.

New planters have been installed near Moulton Crossroads. Black and white chevrons will be attached to the front of each planter as an additional reminder to drivers about the junction. Moulton Parish Council would like to thank Moulton in Bloom for planting them with perennials.

An advanced Give Way sign will be installed in Newmarket Road as soon as the contractor can schedule in the work.

The village entrance gates have been installed, however Moulton Parish Council has been made aware that the 30mph roundels are too small and replacements have been ordered.

Speeding

Moulton Parish Council took part in a webinar held by the organisation 20's Plenty in Suffolk which is campaigning to reduce the speed limits in rural communities and towns to 20mph. Moulton Parish Council decided to sign up for the '20 is Plenty for Suffolk' scheme with a view to starting a county wide conversation about speeding and speed limits in Suffolk.

Update on the Housing Needs Survey.

The return rate was 33%. The draft summary report is being prepared by Community Action Suffolk and should be ready for the September meeting.

Update on the proposal for a new village sign.

The village sign working group has agreed that the artwork for the new village sign will be the Packhorse Bridge, the River Kennet and its features. The proposed sign would be double sided to maximise the visibility from all four approaches at the Crossroads and installed on a free standing oak post.

The next stage is to test out ideas in sketch form to see what can practically be included in the space available and assess the visual impact.

Next meeting.

The next meeting of Moulton Parish Council will take place on Monday 18th September at 6.40pm in the Lanwades room in Moulton Village Hall. Please use the outside entrance which can be accessed via the playing field.

Parish Council contact details:

Tel: 07880 686069 Email: moultonpc@gmail.com

Website: www.moulton.onesuffolk.net



The Moulton Charity

The Moulton Charity was formed after the amalgamation of three smaller village charities (the Moulton Fuel Land & William Deynes Charity, The Churches & Bridges (Town Estate) Charity and The Mortlock Beneficiation Charity) and aims to provide financial assistance to those within the parish of Moulton.

At the charity's Annual General Meeting in November 2022, David Unwin was appointed as the new Chairman of Trustees, following the decision of Bill Rampling to stand down after many years of service in that post. At the same time, the long-serving secretary, Lorraine Stone, stood down. The Trustees thanked Bill and Lorraine for all their hard work and the many years of service that they had given to the Charity. A new Trustee, Tim James, was then appointed and Jane Horsnell took over as secretary.

The current trustees are David Unwin (Chairman), Chris Childs (Team Vicar), Anne Garmston (Churchwarden), Bob Saltmarsh (Churchwarden), Rachel Webb, Doug James and Tim James. The secretary is Jane Horsnell.

Efforts have been made to publicise the existence and purpose of the Moulton Charity over recent months and these have borne fruit, resulting in help being provided to a wider range of beneficiaries.

If you, or someone you know, would like further information please contact the Trustees, in complete confidence, via:

The Rev Cannon Chris Childs,

c/o All Saints Vicarage, The Street, Gazely CB8 8RB

Tel: 01638 429212

email: revcchilds@aol.com

Charity Update by Jane



Rothwell's Carpet Cleaning

Carpet Cleaning, Stone Floors, Upholstery and Rugs

A few points that make us stand out:

Rothwell's have been in business since 1993.

We're an honest local family firm.

Our large truck mounted machines mean more cleaning and drying power for the best results possible.

Members of both the NCCA and TACCA.

We will move the furniture.

100% satisfaction or it's FREE.

Call Oliver and Max Campbell for expert help

Today. Tel: 01638 428060 www.rothwells.biz

Suffolk Maids

The Housekeeper Register
Domestic Cleaning & Ironing Service

Established May 2006

At Suffolk Maids we use our register of reliable local housekeepers to provide cleaning and ironing services to homes regularly each week.

**Personal Housekeeper
Fully Insured**

All for less than £15 per hour.

For further information please call:

01284 811777

Visit our website at:

www.suffolkmaids.co.uk

Looking for work? Contact us today.

N. J. Taylor

Carpentry/Joiner

Property Maintenance

Painting, General Building

Ceramic Tiling

**City & Guilds qualified with
over 30 years experience**

Tel: 01638 743 018

Mobile: 07880 877 262

MOULTON PET SITTERS

**FOR PETS WHO LIKE
THEIR HOME COMFORTS**

BESPOKE PET SERVICES.

**INCLUDING DOG WALKING AND
CHECKING PETS AT HOME.**

Contact: John & Jackie Chapman
(01638) 454 881

Fully insured and licensed by
West Suffolk Council

www.moultonpetsitters.co.uk

St Peter's Church Moulton

'What's On' for the Autumn Season?



We are thrilled to welcome back...

Charlie Haylock talking about
The History of Surnames!

In the church on
Saturday, 30th September, 2023,
at 7.00pm for a 7.30pm start.

Tickets: £10.00 including a glass
of wine and snacks

Raffle and Charlie's Books and CD's on sale

Charlie talks about names from Anglo-Saxon, Viking, Norman and more modern variations, by-names, nicknames and derivations.

He will take a cross section of our names and enlighten us!

More details on Posters later! Q & A afterwards!

Tickets on sale at the Shop from the beginning of September



Charlie and
John Craven

St Peter's Church

'Traveller's Tales' & Fork Supper

With our very own

Julian Pardoë

On

Friday, 10th November, 2023

At 7.00pm

From Manchester to Myanmar, Hong Kong to South America, Julian has travelled the world extensively with work and relates here some of the extraordinary and amusing tales of his travels through 100 countries and over all seven continents!

Tickets: £12.00 to include fork supper Raffle

We do hope you will join us for these exciting and entertaining evenings in the Autumn!



JACKSON-STOPS

PROPERTY EXPERTS SINCE 1910

THINKING OF SELLING OR
LETTING YOUR PROPERTY ?

Please contact: Ed Russell BSc (Hons) MRICS

01638 662231 / 07780 450020

ed.russell@jackson-stops.co.uk

Podiatrist/Chiropodist

Sue Hart

BSc Hons, RCPod
HCPC Registered 12573

Diabetic Assessment
Biomechanics Assessment
Routine Podiatry
(nails, corns & callus)
Advice

Clinic Appointments and limited home visits

Clinic: 01638 555187

Mobile: 07710 155409

susie.harty@googlemail.com

15 Newmarket Road, Moulton CB8 8SS

It's that time again



**MacMillan
Coffee &
Bake Sale**

New Moulton Village Stores

Thursday 28th , Friday 29th
& Saturday 30th September

10:00 – 12 noon each day

Cakes baked by Dorothy & Zayana

All proceeds to Macmillan Cancer Support

If you would like to donate ingredients please drop
them at village shop or

15A or 37 Newmarket Road

by 25th September



Have you heard? We've moved!

Find us at our new address:
Audiology House (Cambridge)
15 Woollards Lane
Great Shelford
Cambridge
CB22 5LZ



Independent audiology
experts you can trust

 Hearing
Assessments

 Ear Wax
Removal

 Hearing
Aids

 Tinnitus
Solutions



BOOK ONLINE

www.angliarhearing.co.uk

01223 661399

info@angliarhearing.co.uk

Moulton in Bloom

Help! Help! Help!

I am very sad to announce that Dorothy Bowes is stepping down from being Moulton In Blooms' *Planting Queen*.



Due to a back problem Dorothy is no longer able to plant water etc.

Some folk will not be aware that a number of years ago it was Dorothy who asked the then Parish Council Chairman, Bill Rampling, for permission to dig out a triangular flower bed at the crossroads. She then asked for permission to add planters and troughs around the village. Luckily Bill and the Council agreed and Bill and some volunteers actually did the digging out.

So, thanks to Dorothy, Moulton in Bloom was launched.

I know that all the residents of Moulton join with me to say 'thank you so much Dorothy for all your hard work in making Moulton a beautiful village.

Of course, you know what comes next!

We urgently need someone (more than one person would be good) to take over the co-ordinating of Moulton in Bloom, ordering plants, liaising with village hall to arrange planting mornings and watering rotas etc.

Perhaps people living near planters and troughs could take responsibility for looking after them once they are planted? A little weeding and watering?

Look forward to hearing **your** ideas. Jill 07966 133551 Dorothy 750362



From Rev Chris Childs

High Places and Gates

We are much indebted to a generous parishioner for the provision of a beautiful new wrought iron gate at the east end of the churchyard. It enables more people to make the circular walk as the long serving stile had proved an insurmountable barrier to some. The more adventurous may climb to the heights of Primrose Hill and delight in the view of Ely Cathedral to the north and give perspective to our own village to the west.

The 6th August was the Feast of the Transfiguration (Luke 9 28-36) where we hear of Jesus in the company of 3 disciples changing to dazzling brightness on a high mountain. It was a defining moment for the 3 disciples as they literally saw him 'in a different light'.

Many people seek spiritual or physical 'highs' in their lives because they believe they bring satisfaction and enjoyment. We all see things 'in a different light' from a 'high place' whether metaphorical or not because it puts much of our lives into perspective.

Of course we cannot spend our entire lives on a high nor indeed do we want to spend them in the depths of despair but there is a value in taking yourself outside the ordinary and looking 'on/in'. Might you climb the heights of Primrose Hill? Will it give you an insight?

But we don't want to rush into action from the new insights gained.

There were a few who suggested that no gate replace the stile. Those who have stood outside St Peter's well know that is not wise as on occasions significant numbers of runners literally pour down on top of us enjoying the downhill run! The gate gives some 'protection' and it is important in other ways too.

As we move in our lives from 'highs' to 'lows' we need a gatekeeper to check our flow and give us balance. The gate will do that literally just as in our daily lives we all need a trusted friend or partner to say – 'Hang on – what's all this about' before we go diving off into perhaps reckless adventures or wallowing in the 'slough of despair'. Our loving father God often appears in the shape of a friend (angel – some would say) to guide and support us as we journey on - but we all need to *seek* the 'high lands' and look and see what our life is about.

You will all be most welcome to join those who seek the 'high lands' of the life God has promised us all – Life in all its richness (John Ch 10 v10) in church each Sunday

With all good wishes, Chris

Rev Canon Chris Childs The Vicarage The Street Gazeley CB8 8RB

Rev Childs continued.....

PS In our corporate search for the 'high lands' for us all in Moulton will you return the letter I sent you all or respond to me please by the end of September? There are post boxes in Church and Moulton Stores. E-mails phone or even letters are fine too.....Chris



Moulton Community Speed Watch

The aim of Community Speed Watch is to help reduce the amount of speeding traffic in the village. We hope our presence helps with this goal but we still see a significant number of vehicles travelling at unacceptable speeds in the village.

We are all aware that it is sometimes difficult to avoid marginally exceeding a speed limit but some of the speeds we see obviously indicate there is no intent to adhere to the limit which is disappointing and worrying for the safety of everyone. Newmarket Road is particularly concerning as the speeds measured are significantly over the limit for vehicles both entering and leaving the village.

It is noticeable that a number of drivers seem totally oblivious to the surroundings and do not even seem to be aware of us carrying out speed checks!

The Speed Watch team appreciates the positive comments from residents who understand and appreciate our aims, we also occasionally receive helpful comments from motorists!

We would like to expand our activities to help make Moulton safer and would really like to have the help of additional volunteers. Please let me know if you would like to help or have any questions or feedback about our activities.

Graham MacGregor

07802 242880

gmacgregor@macglebe.com



GRASS SEED SEASON!!

These pesky little blighters manage to cause a lot of discomfort to you dogs at this time of year when they find themselves in unfortunate places. Please make sure to check between your dog's toes after walks. Especially if you own spaniels, poodle crosses or anything with very hairy feet and floppy ears! Grass seeds are like little barbed arrows that work their way down into your dog's ear canal, or between their toes and under the skin or even behind their eyelids. On rare occasions the grass seeds have been known to work their way under the skin, and up into your pet's abdomen or chest causing large internal abscesses which can be life threatening. Any swellings or sudden discomfort with their ears, feet or eyes please let us know. If caught quickly these can often be removed whilst your pet is awake, but if they become very well embedded then more in depth treatment can be required under sedation or general anaesthetic.




Ash Tree
Veterinary Centre

- Brand new purpose built high quality veterinary surgery
- FREE healthy pet check with registration
- Complete professional and friendly service from preventative care to diagnostics and surgery
- LARGE free car park

E: enquiries@ashtreevets.com

W: www.ashtreevets.com

Ash Tree Veterinary Centre
6 Pilgrim Court, Kennett
Newmarket CB8 8FA



Call now to book your appointment

01638 554477

A1 CARS

SUFFOLK (LTD)

24 hour taxi and
Executive Service
Airport Transfers

book@a1cars.co.uk

www.a1cars.co.uk

01284 766 777

Try our new app

Search A1 Cars Suffolk on the App store or Play Store



THE
PACKHORSE INN
MOULTON

RACE DAY WEEKENDS

Enjoy extended breakfast and lunch times with us
on Newmarket race day weekends.

Breakfast Menu 8.00am to 11.45am

Main Menu 12.00pm to 8.30pm

BARBECUE SHARER

Tuck into The Packhorse BBQ Sharer and enjoy
a hearty mixed grill with sizzling steak,
pork belly and lamb chop! Pre-order with our team
or give us a call on 01638 751818

Instagram @thepackhorseinn

Facebook @packhorseinn thepackhorseinn.com

Shop and Bed & Breakfast News

Moulton Lawn House Bed & Breakfast

Having opened during the quieter season last October, we're very glad to see our name getting about and are thoroughly enjoying our first summer of welcoming plenty of happy guests! We have hosted people coming to the sales at Tattersalls, some have been attending weddings, many heading to the races, others visiting family and we even had a couple the other week walking - YES, WALKING - from Norfolk to Oxford.

It has been wonderful chatting to so many people in our lovely, bright space that is our breakfast room while serving them delights off the grill. We've catered for various dietary needs and our youngest guest has been 15 months old who enjoyed as much food as her parents!

Many guests have loved sitting a while in our beautiful garden, especially when the sun decided to show up! The peaceful space brings a tranquil feel whatever is going on in the outside world.

We look forward to many more busy weeks ahead with bookings coming steadily in and we are so happy with the progress of our new business. It is a huge team effort, and the hard work definitely pays off when we see happy guests or hear their many compliments during and after their stay.

Hugo is on call 24/7 to fix anything needed and often welcome late arrivals, the whole shop team muck in with breakfasts, the turnaround of the breakfast room daily, meeting and greeting arrivals as well as taking bookings and answering any queries, and Kate works tirelessly turning around the rooms ('spinning' might be more appropriate word during busy times!) – we cannot thank you all enough!

Now off to the shop...

Dare I say we're getting busier and busier! It is absolutely fantastic to see. From open to close we are serving food, coffees, all the essentials and much more for everyone to enjoy. We'll think that's it for the day then more and more people come in for a late lunch or light bite on their afternoon of leisure. Some days it is hard to believe how but we certainly must be getting something right.

Running a small, local business often leads to comments when out and about. Mostly lovely, sometimes critical, and often plenty! I'm pretty used to hearing this and mostly smile and wave if I'm having some down time, but I always appreciate it, nonetheless. However, recently it was a delightful sunny Saturday afternoon so of course the only place to go after closing up the shop was the Packhorse! Enjoying the pleasant atmosphere - live music, a tasty pint and surrounded by good people – we got chatting about the shop. I can honestly say in all the conversations I have had over the years while out and about I have never felt so proud of this business that I deeply care about. The comments were wonderful and I'm very glad to hear everybody loves the food – thank you Liz!

With thanks to our fabulous team: Ellie, Mel, Fran, Shell, Lyn, Kate, Liz, Jas and Phoebe and a huge shout out to our mass of supporters – long may it continue!

Thank you all., Harriet





Packhorse Bridge

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	1	2	3	4	5
6 <i>Bank Holiday</i>	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 <i>Bank Holiday</i>	28	29	30	31		2



Viv Houghton
 07973 356 946
 vivian.houghton@sky.com
 Instagram: viv_houghton
 All Rights Reserved





Hoar Frost



Sunrise On The River



St Peter's Church



Over The Hill



Packhorse Bridge



Primrose Hill



New Moulton Store and PO



Sunrise On Primrose Hill



Harvest Time



Plantation Woods



Winter's Morning



Millennium Oak

Moulton Calendar 2024 £10

On sale in New Moulton Stores
Or from Viv Houghton
07973 386 946
vivian.houghton@sky.com



Also available: Handmade Christmas
and Greetings Cards

Dale Burch and Sons Ltd
Painters and Decorators
24 Maltings Close, Moulton
Newmarket CB8 8ST

We are a family run business
with over forty years in the
industry

- Free Estimates
- All aspects of interior and exterior decorating
- Advice on colour schemes and wall coverings
- Personal Service

R. Marshall
MCIPHE RP

Heating and
Plumbing Engineer
Builder

9A Chippenham Road
Moulton
CB8 8SN

Tel: 01638 750 488

Mobile: 07985 303 958

Moulton Matters Advertising
Rates

Black & White

¼ page A5 £12.50 per issue

£50 4 issues

½ page A5 £17.50 per issue

£70 4 issues

Full page £30 per issue

£110 4 issues



Sales, servicing, repairs and sharpening
of all types of garden machinery.

Collection and delivery available.

Friendly, local and professional service.



C.W.KIRK LAWNMOWERS

01638 744 349

CWKIRKLAWNMOVERS.CO.UK

44 NEWMARKET ROAD, BURWELL
CAMBRIDGESHIRE CB25 0AE

What's Going On at the Village Hall?

At a recent management committee meeting Preschool representatives asked if the green area at the side of the hall could be made safe and used by Preschool children.

The garden area was allocated to the Scouts many years ago and so, with their agreement the area outside the Pin code door is being made into a secure garden for Preschool children and Beaver Scouts.

The whole area had to be cleared and a big thank you to John Gunson who helped Jerry and Richard dig up tree roots and cut away bushes.

A big thank you to Douglas as he was able to take away and dispose of the debris.

On a very wet Saturday morning committee members Alex and David joined Richard and Jerry in a working party that drilled, sanded and varnished the posts and rails ready for a picket fence to start to be erected. Jerry and Richard have begun assembling posts and rails. Here is the work so far!





Moulton Wildlife Group

We've seen the results of our labours! Many thanks to all who helped! The wildflowers are looking beautiful with poppies, corn marigolds, phacelia, borage and cornflowers. They are attracting a number of insects too.

Of the areas we planted, the large area on The Green and the new smaller area by the church ford have been the most successful. Sadly, despite our best efforts, the patches by the river were overtaken by nettles, We also have a few small plots by the Packhorse Bridge on which a few wild flowers are appearing.

The playing field hedgerow has survived the spring drought, thanks to Douglas obtaining a bowser and watering them. We only have a few casualties.

Future work will include cutting back and clearing some of the dying wild flowers whilst leaving some seedheads for overwintering birds and future flowers.

We also have a bat box and 4 bird boxes to site with plans for a bird feeding station on the playing field by the picnic tables.

Do let us know if you'd like to help with our projects!

Anne and Jeff

moulton.wildlife.group@gmail.com

01638 750284



NU PLAN

Builders est. 1978

B A Jones & G Jones

45 Edinburgh Road

Newmarket Suffolk CB8 0QE

01638 751176

07734 795381 07734 795382

info@nu-planbuilders.com

www.nu-planbuilders.com



Luncheon Club

Community Luncheon Club takes place on the last Tuesday of each month. Please note we are starting again on Tuesday 26th September 2023 and will continue on 31st October and 28th November

There is no lunch in December.

Volunteers always welcome.

Look forward to seeing you soon.

Yvonne, Dorothy, Zayana & team



ST PETER'S CHURCH SERVICES

- Sunday Sept 3rd** Family Service at 10.45am
- Sunday Sept 17th** Holy Communion 10.45am
- Sunday Oct 1st** Harvest-themed Family Service 10.45am
- Sunday Oct 15th** Holy Communion 10.45am
- Sunday Nov 5th** **All Saints Day** 10.45am - Remembering the Dearly Departed (All Souls)
- Saturday Nov 11th** **Act of Remembrance** at the War Memorial in Moulton Churchyard 10.50am.
- Sunday Nov 12th** The Kennett Valley Group Remembrance Service this year will be at Gazeley All Saints'. 10.30am.
- Sunday Nov 19th** Holy Communion 10.45am

These service details are displayed on the church gate noticeboard, the welcome table in church, and in the copies of the 'Worship Diary' available for you to take home. We serve refreshments after each service and you are very welcome to join us this autumn. Also, in this edition there are advertisements for two events at St Peter's. Do come and support us. Church is usually open this time of the year from 10am to 4pm each day.

We appreciate the food items you have left for **St Peter's Pantry**. This has helped people in deepest need. The **Moulton Ministry Letter** from Rev Chris delivered to all our parishioners this summer asked for your comments and suggestions as to how we can improve our service to you and our community. Please respond to this consultation.

In June we hosted the Mildenhall Deanery Churchwarden's Oath Service when those elected were formally admitted by Archdeacon David Jenkins to serve their churches for the next twelve months.

In July Archdeacon David returned to lead the Celtic Spirituality Quiet Day for clergy and lay members from across the deanery. His theme was Pilgrimage and I include this prayer from that day.

“God, be with us in every valley, Jesus be with us on every hill, Holy Spirit be with us on every stream, every cliff’s edge, every green pasture, every moor and meadow, in the crest of the waves on the sea. Every time we rest, every time we wake up; God be with us every step we take”.

The **‘Flower Fund’ Busking Morning** in June raised £212 and we much appreciated Ian’s musicianship, the people who came to the shop and the park and the generous donation from the Coronation Committee. The **Moulton Community Choir** Gala Concert in July gave us a splendid musical evening, a sumptuous supper and raised £273.95. Thank you to everyone involved.

From your Churchwardens: Anne Garmston 15 Dalham Road 01638 751188
& Bob Saltmarsh 10 Dalham Road 01638 750190

Did You Know?

In 2012 as part of the Queen Elizabeth II’s Diamond Jubilee, Moulton Playing Field was designated as part of the Queens Charity Trust set up for the protection of open spaces for children to safely play.

No one can ever build on this space and all children should be able to play safely.

The plaque can be found on the village hall wall on the veranda.



A Reminder!

Can we please remind all of you who live in the village and walk your dog through the playing field and think that the notices that tells you dogs must be kept on a lead does not apply to you - IT DOES!

It is frustrating enough that visitors do not read or take notice of the instructions but there is no excuse for residents not to comply. **T here are no exception to the rules**— oh my dog always behaves, oh my dog never poos in the field, oh there are no children here at present and so they go on!!!!

Please just adhere to the rules and make it a safe clean place for our children.

Year 6 School Prom

On Saturday 15th July 2023, Year 6 children from Moulton CEVC Primary School attended their Leavers' Prom at Moulton village hall.

It is becoming an annual tradition for the pupils leaving to start secondary school in September to commemorate their time at primary school.

This year the children celebrated in style with a UV disco, games, drinks, pizza, cake and photo booth to help to create memories. The parents would especially like to thank the organisations that donated to help make the night a success: Moulton School PTA, Tesco and Waitrose.

Moulton CEVC Primary School is a wonderful place to learn, and the Year 6 children all did really well in their recent SATs. The parents would also like to thank the staff for the ongoing support and encouragement that they provided the Year 6 pupils for the duration of their time at the school - it is truly special and will be missed by families and pupils alike.



Moulton Community Choir August 2023



Our Summer Gala Concert was once again a great success and the months of rehearsals for our repertoire of seasonal songs, swing medleys, well known songs from musicals and our most modern song from Lewis Capaldi received a warm reception from our audience.

It was lovely to see so many local villagers and people from further afield sitting together in the church pews to enjoy a balmy summer evening of evocative music. The buffet and liquid refreshments were also much appreciated!

Most of this concert was recorded and it can be found on YouTube under Moulton Community Choir concert 2023 if anyone would like to see us.

We raised £220 for St Peter's Church fund and thank you all for giving so generously. Looking to the future we have been invited to sing at the Rotary Club's annual carol concert at Tattersalls sale ring in December.

We have also been invited to sing at the Christingle service at St Peters on Sunday December 10th at 4-00 pm.

With the sad departure of our esteemed Musical Director for the past decade Judith Fisher is off to sunnier climes in Italy and we wish her all the very best.

We are hoping to give a farewell concert in her honour some time in December where we will be singing a selection of our favourite pieces since we all got together way back in 2012!

For further information about the choir please contact:

Marian Brown on 01638 552953 Email music@thebrownfamily.biz

2023 ERWL Fixture 6 Moulton Walks Moulton ,Suffolk 8th July

In the best turnout since Covid, hot humid conditions made the annual Moulton challenges even more challenging. Event regulars, including Olympians, former internationals and past winners of the event made for a great atmosphere.

Prior to the start of the race Mick Holmes who passed away earlier in the week was remembered.

Grazina Manzotti and Dave Annetts had things all their own way in their respective events. However there was a welcome re-appearance by Phil Barnard who repeated his 2008 runner-up position and making her debut in the race Grazia clocked the fourth fastest Ladies winning time. There was some promising performances from the Young Newmarket Joggers and Robert Dobson emulated his father by winning the “Kingston Cup” for the first villager to finish and bettering the hour in the process. Callum Wilkinson started the races and presented the prizes.

1 Dave Annetts <i>N.Herts RR</i> 39.50 M55	1 Grazina Manzotti <i>Tonbridge AC</i> 45.03 W50
2 Philip Barnard <i>unattached</i> 44.35 M35	2 Melanie Peddle <i>Loughton AC</i> 47.14 W50
3 Mark Culshaw <i>Camb. H</i> 50.45 M60	3 Jaqui Benson <i>Ashford AC</i> 50.01 SW
4 Hardeep Minhas © <i>Leic. WC</i> 51.49 M50	4 Maureen Noel <i>Belgrave H</i> 53.23 W60
5 John Arthur <i>Ilford AC</i> 52.48 M60	5 Sue Barnett <i>Enfield HAC</i> 57.35 W70
6 Simon Morgan <i>Ilford AC</i> 54.05 M55	6 Noel Blatchford <i>Abingdon AC</i> 59.11 W70
7 Robert Dobson <i>Moulton</i> 55.24 M40	7 Kate James <i>Moulton</i> 61.25 SW
8 Chris Hobbs <i>Ashford AC</i> 55.56 M65	8 Sue Clements © <i>Camb/Col'rdge</i> 64.55 W65
9 Tony Wilkinson <i>Moulton</i> 57.18 M60	9 Anne Jones <i>Steyning AC</i> 66.49 W65
10 Dave Hoben <i>Surrey WC</i> 63.24 M70	10 Sheila Leavy <i>N.Herts RR</i> 66.59 W70
11 Paul Firmage <i>Ryston R</i> 64.58 M65	11 Viv Houghton <i>Moulton</i> 71.29 W70
12 Chris Flint <i>Surrey WC</i> 65.30 M75	12 Elizabeth Edgell <i>Newmarket</i>) 71.29 W60
13 Trevor Jones <i>Steyning AC</i> 66.49 M65	13 Linda Warner <i>Moulton</i> 71.29 W60
14 David Ainsworth © <i>Ilford AC</i> 79.50 M70	14 Shaheda Arthur <i>Ilford AC</i> 89.18 W60



Youngsters mile

1	Cerys Bithell	<i>Nmkt Joggers</i>	11.10	Gu16
2	Sophie Blundell	<i>Nmkt Joggers</i>	11.58	Gu11
3	Lily Ann Cooper	<i>Nmkt Joggers</i>	12.40	Gu13
4	Elijah Barnard	<i>unattached</i>	15.18	Bu11
Eq	Joel Barnard	<i>unattached</i>	15.18	Bu7

Novice mile

1	Phil Blundell	<i>Nmkt Joggers</i>	12.00	M45
3	Ellie Bithell	<i>Nmkt Joggers</i>	12.06	W45

Starter: Callum Wilkinson

- Timekeeper/Recorders: Joe Mower, Phil Welch, Pam Ficken & Tracey Wilkinson

Judges: Shaun Lightman (*Chief*), Elizabeth & Simon Benson, Andrew Garner & Mick Graham

Marshalls: Geoff & June Dobson John Hall, Tony O'Meara, Alex Nichols, George Nibre, Elaine & Colin Richmond, Ray Still, Linda Warner & Rachel Webb

Water Station: Natalie Whymark - *Safety Vehicles:* Jonathan & George Wilkinson

Race Organiser: Tracey Wilkinson - *Refreshments:* Rebecca Spinks

First Aid: Rebecca Spinks & Tracey Wilkinson

Virtual Result

Mark Williams	<i>Birchfield H</i>	5 miles	42.44	M55
Cath Duhig	<i>© CA Millennium</i>	5 miles	52.54	W65
Richard Emsley	<i>Corby AC</i>	5 miles	52.54	M70
Alison Wilson	<i>Moulton</i>	5 miles	56.54	W55
Mark Bernatzki	<i>LA/Herten Ger</i>	5 miles	58.47	M50
Karen Williams	<i>Birchfield H</i>	5 miles	64.53	W65



Main Field Start



Callum Wilkinson presents the women's awards: Melanie Peddle, Grazia Manzotti & Jacqueline Benson.

*Mens Rostrum
Phil Barnard supported by
his family, Dave Annettes
and Mark Culshaw*





Cherys Bithell



*Judges: Mick Graham, Simon & Elizabeth Benson,
Andrew Garner & Shaun Lightman*



Sophie Blundell



County Champions: Villagers Rob Dobson & Kate James

A big "Thank You" to All the people without whose help the event could not take place

Search YouTube: Moulton Five Race Walking Extra

Village Dates for Your Diary

Thursday, Friday Saturday 28th 29th & 30th September

Macmillan Coffee and Bake Sale

New Moulton Stores 10:00 – 12 noon (see page 11)

Saturday 30th September

Charlie Haylock's The History of Surnames

St Peter's Church

7:00 for 7:30 (see page 8)

Friday 10th November

Travellers Tales and Fork Supper

St Peters Church

7:00 pm (see page 9)

Sunday 26th November

Moulton Christmas Fayre

10am – 3 pm

Sunday 3rd December

Christmas Wreath Making

10am – 1 pm

Saturday 23rd December

Christmas Village Hall Open Afternoon

2 – 5 pm



Events at RSPB Lakenheath Fen: July - October 2023

Places for all events need to be booked online - please visit <https://bit.ly/LakenheathFenEvents> to read more and book tickets.

Guided pond dipping

5 August, 2 September (11am to 1pm).

Come along to see what beautiful and strange creatures live below the water at our nature reserve!

Adults £6 (RSPB members), £7 (non-RSPB members), Under 16's £3 (RSPB members), £4 (non-RSPB members).

Treasures of the Moth Trap

Fridays 25 August, 29 September, 27 October (10am to 11am).

Learn more about the amazing world of moths- join us to admire what we catch in our harmless trap.

Adults: £3 non-RSPB members, £2 for RSPB members. Children (under 16's) go free!

Race for Wildlife 2023

Sunday 15 October (11am – 2pm)

Choose from either a 5k or 10k route through the most scenic parts of the reserve. Expect a friendly and supportive atmosphere, and every finisher gets a medal! This event is the perfect way to combine healthy exercise with helping your local wildlife.

Price: Adults £15, Under 16's £7.50.

Parish Council

The Parish Council meets regularly in the village hall and residents are all welcome to attend. Meeting dates and Agendas are listed on the village website at the bottom of the page and are also regularly posted on the village noticeboards.

PARISH COUNCILLORS

David Almond (Chairman)	01638 428250
Mark Price (Vice Chair)	01638 750200
Ryan Bragg	01638 751153
Ed Chambers	01638 750014
Richard Edge	
John Derry	01638 751902
Jane Horsnell	01638 750879
Douglas James	01638 750897
Tim James	01638 482012

CLERK TO THE PARISH COUNCIL

Joanne Kirk 07880 686069 email: moultonpc@gmail.com

Parish Priest	Revd Chris Childs	01638 429212
Village Archivist	John Gunson	01638 750131
County Councillor	Andy Drummond	01638 751411
District Councillor	Roger Dicker	01638 750392
Member of Parliament:	Mathew Hancock	
Parliament Office		02072 197186
Constituency Office		01638 576692

MOULTON MATTERS

Jill Goodwin	jerryjill99@hotmail.com	01638 551851
Colin Wilkinson	c.wilkinson67@btinternet.com	01638 552779

MOULTON VILLAGE WEBSITE

<http://moulton.onesuffolk.net>

Telephone Directory

Medical

Addenbrooks Hospital	01223 245151
Newmarket Hospital	01638 558400
West Suffolk Hospital;	01284 713000
Oakfield Surgery	01638 662018
Orchard House Surgery	01638 666887
Rookery Medical Centre	01638 664338

Churches

All Saints Church (Rev Chris Childs)	01638 429212
Catholic Church (Fr Leo Marianu)	01638 662492
St Peters Church (Rev Chris Childs)	01638 429212
St Peters Church Wardens - Bob Saltmarsh - Anne Garnston	01638 750190 01638 751188

Newmarket

Citizens Advice Bureau	01638 665999
Day Centre	01638 664262
Dial-a -Ride	01638 608080
Library	01638 661216
Leisure Centre	01638 662726

Moulton Village

Ash Tree Veterinary Surgery	01638 554477
Pack Horse Inn	01638 751818
Village Shop	01638 750242
Village Hall Bookings (Jill Goodwin)	01638 551851
Village Oil Ordering Scheme (Lesley James)	01638 482012
Village School Head Teacher (Deborah Shipp)	01638 750236
Village Website (Ryan Bragg)	01638 751153

Travel

Newmarket Taxi Hire	01638 561561
Nation Rail Enquiries	03457 484950
Stagecoach CamBus	01223 423250

Emergency

Fire, Police, Ambulance	999
NHS	111

Non-emergency

Crime Stoppers	0800 555111
Power	105
Water	0800 145145
Police	101
NHS	

Moulton Village Hall

Management Committee Officers

Chairman	Richard Marshall	750488
Deputy Chairman	Alex Nicholls	07817 234337
Treasurer	Jerry Goodwin	551851
Secretary/Fund Raising	Jill Goodwin	551851 (07966 133551)

The General Manager, Stuart Wright is responsible for taking bookings. To make bookings, or make enquiries about the hall, please contact Stuart on 07821 394479 or email: villagehallmoulton@gmail.com

Please note MVH Birthday Party Hire Policy

MVH offers the hall facility for children's birthday parties 0-12 years and adult birthday parties 40+ only. Residents may apply in writing to the bookings clerk for the hire of the hall for teenage birthday parties and 20's and 30's birthday parties. MVH Committee will consider individual requests.

If you are interested in joining a group or activity, set out below are the names and contact details you will require:

Monday	Pre-School	09:15	Susan Wade-Miller	07958 290837
Monday	Pilates	17:30 - 18:30+	Alison Wilson	07752 360839
		18:40 - 19:40	Alison Wilson	07752 360839
Monday	Parish Council/ Village Hall Committee meetings TBA			
Tuesday	Mini Tots	10:00 - 12:00	Emily Tasker	
Tuesday	Healthy Walks	10:00	Ron Wallwork	07460 041643 01638 751869
Tuesday	Community Lunch	13:00 - 15:00	Last Tuesday in the month	
			Yvonne Slater	01638 750547
Tuesday	Cubs/Beavers/ Scouts	18:00	Paul Walker	gsl@moultonscouts.org.uk
Wednesday	Pre-School	09:15	Susan (as above)	
Wednesday	Yoga	18:15 - 19:15	Bridget Pooley	07758 540739
Wednesday	Dance	19:30 - 20:30	Private Hire	
Thursday	Pilates	09:30 - 10:30	Alison Wilson	07752 360839
Thursday	Bridge Club	14:00 - 16:00	Pat & Paul Harris	01638 500325
Thursday	Mindset Yoga	18:15 - 19:15	Victoria Steenkamp	07810 544588
Thursday	Badminton	20:00 - 22:00	Yvonne Slater	01638 750547
Friday	Pre-School	09:15	Susan (as above)	
Saturday	Panthers U 10/U8/ U7	10:00	Mark McTrusty	mmct@live.co.uk secretary@moultonpanthers.com



Gas & Oil Specialists Servicing & Repair

Central Heating • Installation & Repairs • Boiler Replacements • Domestic Plumbing
Boiler Services • Boiler Repairs & Alterations • Landlord Certificates

01638 781130

mobile 07785 936648

email enquiries@heatingcompany.co.uk

www.heatingcompany.co.uk

4e Rosemary House, Lanwades Business Park, Kentford, Newmarket, Suffolk CB8 7PN



Need your oil tank changed?

Telephone 01638 781710

Mobile 07785 936648

Email enquiries@oiltankchange.co.uk

www.oiltankchange.co.uk



SUPPLIERS & INSTALLERS OF DOMESTIC & COMMERCIAL OIL TANKS

4e Rosemary House, Lanwades Business Park, Kentford, Newmarket, Suffolk CB8 7PN



Award
winning care
homes

We're proud to be recognised for our excellence in care. From winning Best Larger Care Home Provider to Catering Team of the Year, we have won more awards than any other provider in the last three years.

If you're considering care call
01638 438 137.



Trusted to care

Kentford Manor care home
Newmarket
careuk.com/kentford-manor

